

North American Inclusion Month

NAIM

BUILDING AN INCLUSIVE JEWISH COMMUNITY

Sensitivity Training

(Appropriate for grades 6th and up)

Giving a Dvar Torah

The purpose of this session is to experience the feeling of having a visual and speech impairment and how it may affect your daily life.

The session leader will tell participants that on shabbat we ask someone to say a dvar torah and chooses someone in the group.

The first person is given a brief dvar torah but must read it with glasses that are covered with vaseline. Once this person can not read it or no one can understand the dvar torah the next person needs to read it, but they must read it with 3 candies in their mouth. The following person must read it but we give them a dvar torah that is written so that when they read it, it is incoherent.

Supplies Needed:

Glasses
Vaseline
Dvar Torah
Dvar Torah- written like the Little Red Riding Hood
Sucking candies

Follow up **GROUP QUESTIONS**

1. **What 3 disabilities were we trying to simulate?**
2. **How did you feel during this exercise?**
3. **Were your feelings different after you experienced the “disability”?**
4. **What can you do to make people who experience sight impairment, speech impairment or a reading deficit feel less uncomfortable when they are in class with you?**



For more information contact:
Yachad, The National Jewish Council for Disabilities

